

MAKING A DIFFERENCE TOGETHER



Mahwah Municipal Alliance
Helping our kids make great decisions



Educating and creating awareness in our communities to prevent and reduce substance abuse and related health issues.

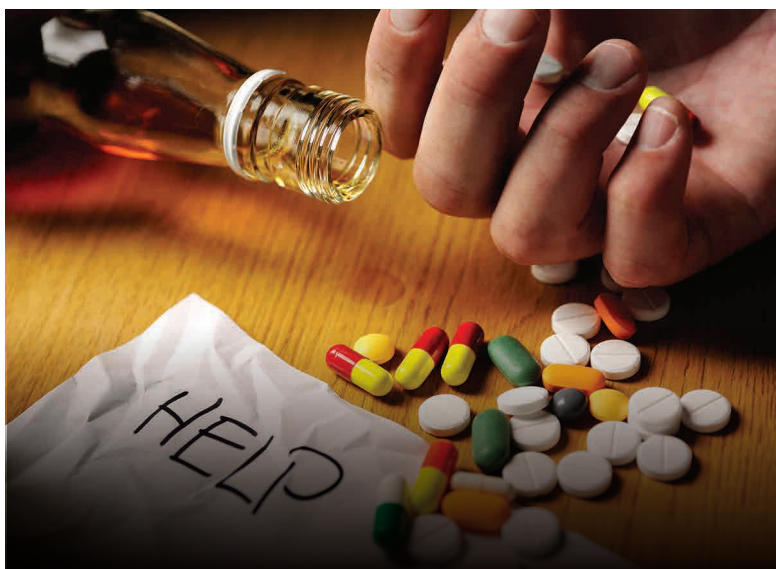
For more information on the MMA and other resources, please visit our website at www.mahwahalliance.org

A DROP BOX IS AVAILABLE AT
Mahwah Police Department
221 Franklin Turnpike
Mahwah, New Jersey 07430
(201) 259-1000

Properly dispose of old or unused medicine. To find prescription drug drop boxes in other Bergen County towns or other counties visit www.americanmedicinechest.com



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Struggling with Addiction?

Substance Abuse Community Liaison

Dana Romano is the community substance abuse liaison. She can refer those that are struggling, family members or loved ones to the appropriate services that are available.

CALL 845-548-8781

ALL COMMUNICATIONS ARE STRICTLY CONFIDENTIAL
PLEASE TAKE ADVANTAGE OF THIS GREAT RESOURCE!

The content of this publication is for informational purposes only. If you are experiencing a medical emergency, are in danger, or are feeling suicidal, **Call 911 immediately!**

Ms. Romano has a B.S. with a specialization in alcohol and substance abuse and a MSW from Fordham University. She is a Licensed Social Workers (LSW), as well as a Licensed Clinical Alcohol and Drug Counselor. She is well known throughout the northeast corridor for her efforts in helping those battling addiction.

The MMA has long recognized the need for a resource people can turn to for help when a family member or friend suffers from addiction or substance abuse.

This one phone call to Ms. Romano can potentially save a life and put someone on the road to recovery. The heroin and opioid epidemic knows no boundaries and sadly all too often people don't know where to turn. Ms. Romano and the guidance and services she can provide may be the first step to recovery and a life free of addiction.

She assists those in substance abuse-related crisis or family members and loved ones who need guidance on substance abuse issues. She can refer them to appropriate services that are available – including placing those individuals in inpatient treatment centers. Ms. Romano can also explain many of the issues related to insurance coverage and placement in an in-patient facility.



SOBERING STATISTICS

- A CDC study found that the users of prescription drugs are **40x more likely to use heroin** than others, a figure that cements commonly prescribed medication as a threshold for use of more dangerous substances.
- Almost **4 in 10 teens (38%)** who have misused or abused a prescription drug have obtained them from their parents' medicine cabinet.
- **1 in 3 teens thinks abusing prescription drugs is safer than street drugs** and that it is OK to occasionally abuse prescription drugs.
- The amount of prescription pain killers prescribed in 2010 was enough to medicate every adult in America around the clock for a month.
- **Nearly 15,000 people die** of prescription drug overdoses annually.
- In New Jersey, two-thirds of drug-related deaths involve prescription drugs.
- **More than half of parents (55%)** say anyone can access their medicine cabinet, and almost **three-quarters of teens (73%)** say it is easy to access prescription drugs from their parents' medicine cabinet.
- In 2017, there were **more than 70,200 drug overdose deaths in the U.S.** – an age-adjusted rate of 21.7 per 100,000 persons. Among these, 47,600 involved opioids. The sharpest increase occurred among deaths involving fentanyl and fentanyl analogs (other synthetic narcotics) with more than 28,400 overdose deaths in 2017.

Source: "New Jersey Opioid Summary" 2019

Source: "The Partnership Attitude Tracking Study" 2013